

3750 for
45 min. +
15 min.

Meat Loaf

Glaze

$\frac{1}{2}$ c. ketchup

1 T. horseradish

3 T. brown sugar

2 t. dry mustard

Meat

2 lbs. gr. beef

2 eggs

$\frac{3}{4}$ c. oats - uncooked (?)

1 T. horseradish

1 large onion

2 t. salt

$\frac{1}{2}$ c. ketchup

$\frac{1}{4}$ t. pepper

$\frac{1}{4}$ c. milk

(over)

Glaze - Cornbees all ingredients and
set aside

Meat - In large bowl cornbees meat
and oats(?) - set aside. In blender
cornbees remaining ingredients and
blend until smooth. Pour over beef
mixture and stir until well mixed.

Form into a loaf, "Ice" loaf with
 $\frac{1}{2}$ of glaze and bake at 375° for 45".
Spoon remaining glaze over loaf
and bake 15" longer.